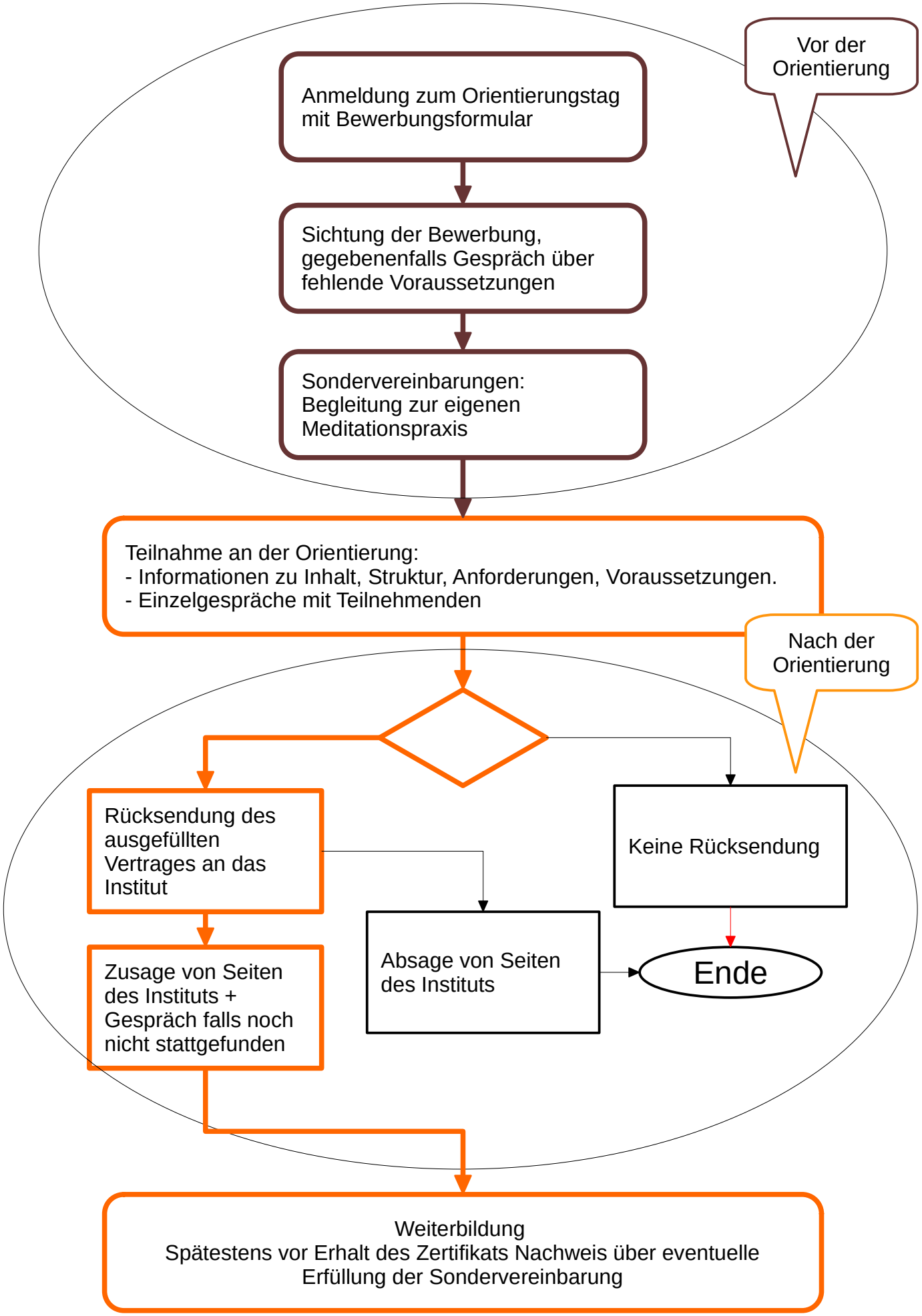Anmeldeverfahren zur MBSR-Weiterbildung